Woodlands Community Primary School

Subject overview

R.S.H.E

my Happy mind · PSHE Association · Project EVOLVE

	A1	A2	Sp1	Sp2	Su1	Su2
	HEALTH AND WELLBEING Families and people who care for me Caring friendships		**RELATIONSHIPS** Online relationships Respectful relationships		**Being safe**	**LIVING IN THE WIDER WORLD**
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	
Y1		MHM L2 – Exploring Feelings	Using the internet and digital devices; communicating online		How rules and age restrictions help us How to keep safe in the sun	
Y2	Growing and Changing: identify and name the main parts of the body including external genitalia	MHM L3 – Fabulous Friendships	The internet in everyday life; online content and information	Medicines and keeping healthy, keeping teeth healthy	Safety in different environments; risk and safety at home; emergencies	What money is; needs and wants; looking after money
Y3	MHM L1 – Families In The Wider World	MHM L3 – Learning To Love Difference (gender stereotypes)	How the internet is used; assessing information online	Rights, freedoms and responsibilities	Risks and hazards; safety in the local environment and unfamiliar places	
Y4	Vaccinations, immunisations, allergies and common illnesses	MHM L5 – Friendship Ups And Downs	How data is shared and used	MHM L4 – Getting Along With Our Families	Sun safety, medicines and household products; drugs common to everyday life	Different jobs and skills; job stereotypes; setting personal goals
Y5	Growing and Changing* personal hygiene	MHM L2 – Friendships And Secrets	How information online is targeted; different media types, their role and impact	MHM L4 – Identity And Respect Physical contact and feeling safe	Keeping safe in different situations, including responding in emergencies, first aid and FGM	
Y6	Growing and Changing* human reproduction and increasing independence	MHM L3 – Peer Pressure MHM L2 – Discrimination And The Law	Evaluating media sources; sharing things online		Forced marriage Drug use and the media	Making decisions about money; using and keeping money safe

* = taught at different times of the year – cohort dependent

F1/F2 follow the My Happy Mind programme