



	A1	A2	Sp1	Sp2	Su1	Su2
<b>F2</b>	<b>Fundamentals</b> Running, jumping, skipping, hopping	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Dance</b>	<b>Fundamentals</b> Running, jumping, throwing, catching, agility	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Dance</b>
<b>Y1</b>	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Dance</b>	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Athletics</b> Running, jumping, throwing	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Games</b> Agility, throwing, catching, attack, defend
	<b>Health and fitness</b> Running	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Health and fitness</b> Running, jumping	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Athletics</b> Running, jumping, throwing
<b>Y2</b>	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Athletics</b> Running, jumping, throwing	<b>Games</b> Agility, throwing, catching, attack, defend
	<b>Health and fitness</b> Running	<b>Dance</b>	<b>Health and fitness</b> Running, jumping	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Games</b> Agility, throwing, catching, attack, defend	<b>Athletics</b> Running, jumping, throwing
<b>Y3</b>	<b>Health and fitness</b>	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Dance</b>	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Linking actions</b> Attack, defend, agility	<b>Athletics</b> Running, jumping, throwing
	<b>O.A.A</b>	<b>Keeping possession</b> Attack, defend, throwing, agility	<b>Linking actions</b> Attack, defend, throwing, catching, agility	<b>Sending and receiving</b> Attack, defend, throwing, catching, agility	<b>Sending and receiving</b> Throwing, catching	<b>Keeping possession</b> Attack, defend, striking, agility
<b>Y4</b>	<b>Health and fitness</b>	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Dance</b>	<b>Gymnastics</b> Travelling, jumping, rolling, balancing	<b>Keeping possession</b> Attack, defend, throwing, catching, agility	<b>Sending and receiving</b> Throwing, catching
	<b>O.A.A</b>	<b>Swimming</b>	<b>Linking actions</b> Attack, defend, striking, agility	<b>Sending and receiving</b> Racquet, net, striking	<b>Linking actions</b> Attack, defend, throwing, catching, agility	<b>Athletics</b> Running, jumping, throwing
<b>Y5</b>	<b>Health and fitness</b>	<b>Gymnastics</b> Jumping, rolling, balancing, reflection	<b>Dance</b>	<b>Gymnastics</b> Jumping, rolling, balancing, reflection	<b>Tactics and strategies</b> Attack, defend, throwing, catching, agility	<b>Athletics</b> Running, jumping, throwing
	<b>O.A.A</b>	<b>Sport – equality, diversity and inclusion</b>	<b>Creating space</b> Attack, defend, throwing, catching, agility	<b>Tactics and strategies</b> Attack, defend, striking, agility	<b>Linking actions</b> Striking, throwing, catching	<b>Creating space</b> Attack, defend, throwing, catching, agility
<b>Y6</b>	<b>Health and fitness</b>	<b>Gymnastics</b>	<b>Dance</b>	<b>Gymnastics</b>	<b>Inclusive sport</b>	<b>Athletics</b>

		Jumping, rolling, balancing, reflection		Jumping, rolling, balancing, reflection		Running, jumping, throwing
	<b>O.A.A</b>	<b>Linking actions</b> Attack, defend, striking, agility	<b>Creating space</b> Attack, defend, throwing, catching, agility	<b>Badminton</b> (Sending and receiving)	<b>Linking actions</b> Attack, defend, striking, agility	<b>Tactics and strategies</b> Attack, defend, throwing, catching, agility

 Edsential coaching